

With Only 3 Practicing Physicians

Seaside A Health Manpower Scarcity Area

The City of Seaside has been designated a "national health manpower scarcity area" by the federal government, it was announced recently by Congressman Burt L. Talcott recently.

The designation by the Department of Health, Education and Welfare means application can be made for federal funds to subsidize one or more physicians for practice in Seaside. At the present Seaside has only one fulltime physician and two parttime physicians.

Congressman Talcott has been working on the problem for over two years and last year met with concerned citizens at The Seaside

Chamber of Commerce to get their views relative to the conditions. Armed with this information he returned to Congress and proceeded to implement plans to rectify the conditions for this community.

Mayor B.J. Dolan of Seaside, in an interview with this publication stated:

"The Seaside Chamber of Commerce, through its Community Action Committee, held a series of meetings regarding the non-existence of medical service in the City of Seaside. During this period, several groups, primarily poor people and the minorities had held several town meeting type conferences and we learned first

hand that there were absolutely no medical services within the city of Seaside that would be acceptable or classified as a medical clinic.

"In putting together a position the Chamber called together various leaders of the community and asked if they would participate in a conference in connection with the Board of Directors meeting.

"Tom Nash, editor of the Seaside Post News Sentinel, took it upon himself to notify and invite Congressman Burt Talcott to attend this meeting I referred to in September.

"Congressman Talcott, in fact, did attend, and upon his departure, he had to leave early to attend another

commitment. I accompanied him to the exterior of the building and suggested to him that there would be a general election coming up in November (1973) and that if he were to help us I would be most grateful to see some action take place after the election.

"In many of 1973, Congressman Talcott asked if the demographic data that we had of the 1970 Census was still accurate and reflected the make-up of the City of Seaside."

Mayor Dolan informed the Congressman that in fact we had some 15 or 1600 more than was reflected in the '70 Census, who were drawing less

than \$8200 annually and that they were also in the poverty class, that further they had not availed themselves of any type of medical service and that there were senior citizens who had not seen a doctor in over 10 years.

"Congressman Talcott stated he was working with HEW and also with the U.S. Public Health Service and the US Public Health Service would be running a survey, they would have a medical van and be put out on it, for they were trying to take a cross section of the Peninsula.

In April or May of 1974, the Mayor continued, Congressman Talcott made another inquiry to find out

what was being done by the County of Monterey. "I indicated that the County had just purchased the Pit property for \$55,000 but they were just putting in personnel and we were not getting the medical services we required, in fact we just had the three doctors plus the five veterinarians that were providing medical care for both people and animals for Seaside.

"Congressman Talcott stated he hoped by the end of July he would have had a favorable response from HEW and that we could look forward by October of this year that we could apply and in fact

qualify for a grant from HEW.

"The latter part of September, Congressman Talcott did call me and say that yes, Seaside was one of the few municipalities that did qualify and that we as a sponsor or in conjunction with the County could apply for a grant and he thought we could get two or three doctors.

"Now it is my understanding that the grant will take two or three types of alternatives either they will pay in total the doctor's salary, whether it will be two or three Doctors is still not determined. Another alternative also includes the City of Seaside and the County of Monterey as joint sponsors to

guarantee "X" amount of dollars toward the salary of a doctor. What is entailed here is actually recruiting of a doctor. We have to provide the facilities for the doctor, it means that we have to pull together, and at this point we are having the Mid-Co. Mr. Allen Samuels who is going to assist the City. It will appear on the agenda on November 21. I am also hoping the County will have it on the agenda on the 26th of November, and I am hoping by April of next year we will have a doctor in the City of Seaside.

"I would like to publicly thank Congressman Talcott in behalf of the city of his efforts," the Mayor said.

SEASIDE POST NEWS-SENTINEL

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Councilman Ross Suggests Self-Sustaining Chamber

The Seaside POST interviewed City Councilman Stephen E. Ross with reference to the controversy reported in last week's issue pertaining to his suggestion that the Chamber should move in the direction of becoming self sustaining.

Councilman Ross stated: "The City of Seaside is grateful to the merchants of the city, who have carried the ball in employment, taxes, general business and community improvements.

"I, most of all, have no intentions of doing anything to stop or delay this action. But like those of us who are in public office, again I have been misunderstood, and have been accused of stating that the City would not support the Chamber.

"All I intended was to suggest to the Chamber that

they take any excess funds and put them away to be used when and if conditions prevented the City from giving its support in the form of contributions for these special promotions.

"Let me say, here an now, I have been one of the chief supporters of the Chamber since I have been in Seaside. I have no intentions of changing my position, for I think that Seaside needs a body of this caliber, for the growth of Seaside is dependent on a strong Chamber of Commerce.

"Let me take this opportunity to congratulate the Chamber on their successful promotion of the Military Appreciation Day, which has become an annual event, and has brought the Military and Civilian communities together. Some of the ac-

tivities that happened this time was a first, and I hope there will be other firsts, as the program becomes annualized.

"Wherever the program become self sustaining it should, and any profits should be plowed back into a special fund to continue that program, or be invested in such a way that will render the Chamber, City or parent body harmless as it relates to the continuing of that type program.

"Again I want to make it adamantly clear that I am supporting the chamber. I resigned from the Chamber in order to vote in favor of the Chamber budget (\$1000 per month plus a \$6,000 budget for the 4th of July parade) without violating the conflict of interest law.

"This is proof of my position with reference to the Chamber," he said.

Former MPC Student Comes Back To School

Twenty-three-year-old James Frangella of Pacific Grove didn't graduate from high school and had to suspend his studies at Monterey Peninsula College for financial reasons. But that hasn't stopped him.

He has opened his own ceramics studio and is planning to come back to MPC in the spring and he is starting with a flare. Through Dec. 5, Frangella will have several of his ceramic pieces on display in the MPC Art Department Gallery and, on Dec. 6-8, he will be a member of the "39 Craftsman at the La Playa

Hotel" exhibit in Carmel.

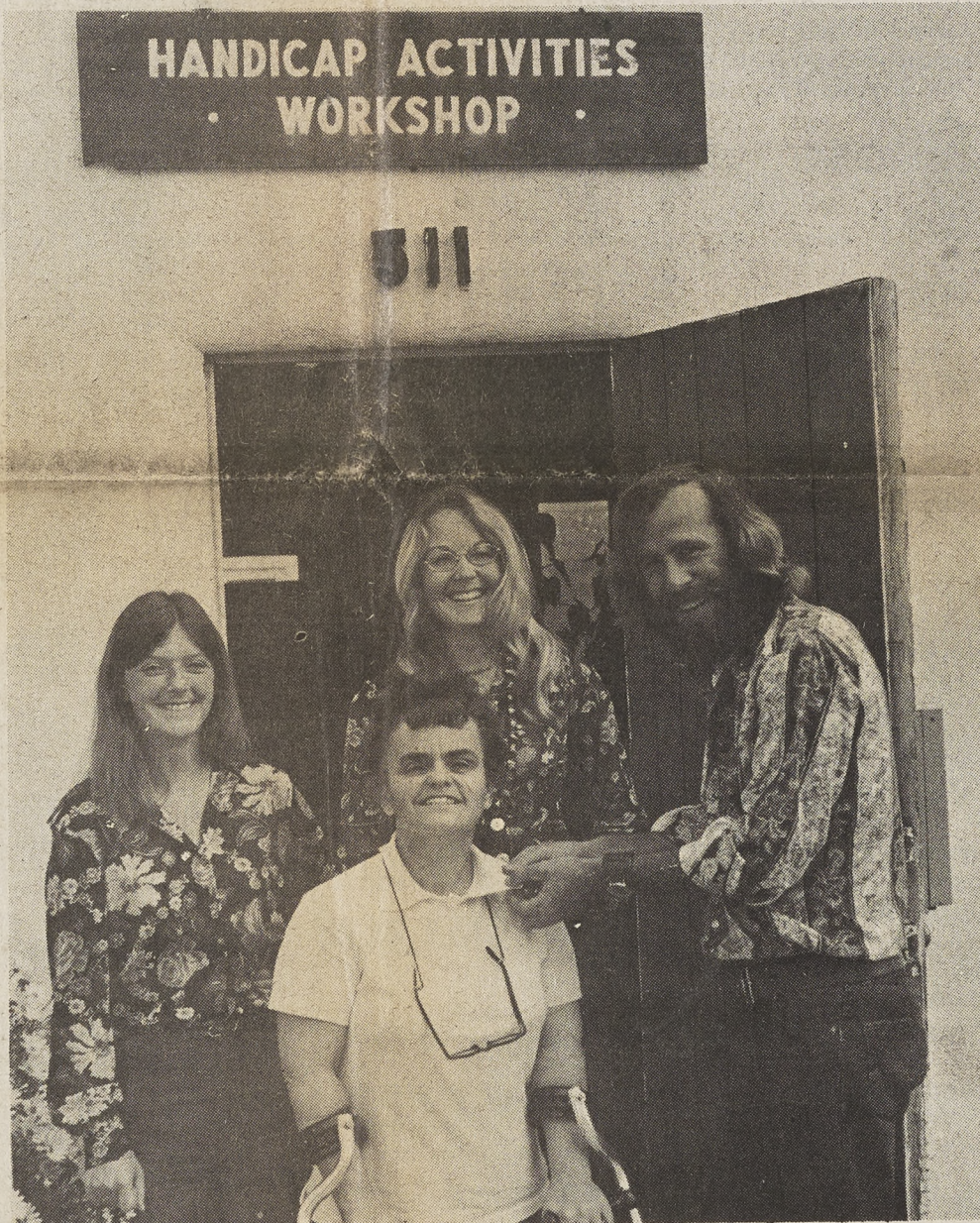
Frangella was an excellent art student at Monterey High School before he dropped out at the age of 18. He went to Hawaii and traveled to other places until 1971 when he returned to Monterey and enrolled in MPC classes.

"I took general education courses at first and then got involved in a ceramics course at the college," he said, and it has been ceramics ever since. He worked his way into a job as an art laboratory assistant but then had to drop out of school in January 1973 for financial reasons.

"I was lucky," he says now.

"I found a job with a local potter and learned the business side of commercial pottery and ceramics processes." During the next year, Frangella began buying equipment and materials to set up his own studio.

He constructed his own kiln to cure his ceramic creations. "I purchased the burners and then bought some used brick from one of the demolition crews tearing down some of the old Cannery Row boilers. His first firing was in February of this year.



As the 1974 Monterey Peninsula United Fund campaign continues, Pacific Telephone's Communications Workers of America have started to ask for donations from their membership. During their recent kick-off, Pacific Telephone representatives (left to right) Jan McPartland, Nancy Hagio, and Dace Durby visited Handicapped Activities Workshop in Pacific Grove. They are shown presenting HAU member Stephanie Martin with this year's "fair share contributor" button, significant of the 1974 campaign theme, "People Helping People the United Way." The Monterey Peninsula United Fund financially benefits 14 local health, youth and service agencies, including the Alcoholism Council, Gateway Center for the Retarded, Monterey Bay Boy and Girl Scout Councils, Family Service Agency, Visiting Nurse Association and Volunteers in Action.

Local High School Students, Administrators Attend Juvenile Justice Conference

Monterey - Approximately 250 Northern California high school students and school administrators, including representatives from AGAPE Counseling Center, Seaside, Volunteers in Action, YAFA & Family So. Agency participated in the Attorney General's annual Juvenile Justice Conference on Saturday, November 16, at Monterey Peninsula College, announces State Attorney General Evelle J. Younger.

Purpose of the conference, according to the State Attorney General, "was to acquaint students and school officials with the roles of the key decision makers in the juvenile justice system."

The conference, presented in cooperation with Monterey

Peninsula College, had separate sessions for students and administrators.

During the day-long event, the students and school officials met in small groups with police officers, probation officers, juvenile court judges and representatives of community agencies to:

1. Study the role of representatives of the juvenile justice system through a role perception exercise.

2. Discuss case dispositions in a case-solving simulation.

3. Learn about some community alternatives to the juvenile justice system.

4. Discuss applications to

school and community.

In addition, the school officials received information on how to set up similar conferences in their local communities.

Welcoming remarks from Mrs. June Sherwood, Director, Attorney General's Crime Prevention Unit; and Dr. Bob Saake, Professor of Criminology, Cal State, Fresno, started the conference at 9:00 a.m.

At 10:05 a.m., the students and adults formed into small groups to discuss the decision-making roles of police, probation, courts and community agencies; problem-solving and planning. They concluded with brainstorming followup at 4:00 p.m.

Guest Editorial

The Post editorial of Nov. 13 left some questions. No. 1, "new plans are being implemented to battle inflation," and "new ideas to combat the apathy of the American people." What are they? Do they include the recent sale of wheat to Egypt to increase the price of our bread? Or Mr. Ford's insistence that Nelson Rockefeller is the best man for the Vice Presidency, even after the belated disclosure that Rockefeller's campaign tactics against Goldberg were neck and neck with Nixon's tactics?

No. 2, was it really the fault of the Democrats that the Watergate controversy lasted so long that it endangered us with "a one party system" leading to "wrecking of our constitutional form of government"? If somebody could have gotten some very high ranking Republicans to tell the truth, the whole investigation could have been concluded in about two weeks. After all these months we are still being lied to, and may never learn the whole truth of the matter, certainly not when our President considers suppression of vital evidence more important than the faith of our people in our system of justice and equality. Only the outcry about the Nixon pardon prevented him from carrying out his announced intention to pardon all of the Watergate defendants.

No. 3. The editorial inferred that with the President powerless against a Congress dominated by Democrats "the best we can hope for is that we can survive the next two years without going to war." I will grant that he had a lot of help before and afterward, but it was Eisenhower who re-started a war that had already ended in 1954 in Indochina. For the sake of the Almighty Dollar and to please some paranoid advisers it was a Republican who got that holocaust going again, at a cost of 56,000 American lives and the destruction of the American economy. I hope the Democrats can protect us from our Republican President.

Mel Vercoe

This Week's Spotlight Shines On Cynthia Harris

Congratulations and a big King salute are in order for Cynthia Harris, the newly elected Student Council President of Martin Luther King Junior High School. Cynthia is the 15 year old daughter of Mrs. Hazel McPherson of 1806 Mingo Street. She comes from a family of three brothers and two sisters. She is a former student of Manzanita Elementary School.

Cynthia is a member of Youth and Young Adults for Action and a former member of King's Cultural Enrichment Program and received an award for best dancer. She is also a student at The Barbizon School of modeling. Cynthia looks forward to completing college and becoming a social worker and model. Her hobbies are dancing, bike riding, listening to records and shopping for



clothes. Algebra is her favorite subject.

When asked her reaction to being elected President of King's Student Council, Cynthia replied, "I was shocked." She realizes the importance of this job and is very enthusiastic about planning for the 1974-75 school year.

Cynthia has done a bit of traveling and has visited such places as New York, Chicago, Louisiana, Texas and Germany.



Obituaries

SUMNER LEE SMITH by SEASIDE MORTUARY.
Sumner L. Smith of Seaside, November 11, 1974. Beloved husband of Alta M. Smith of Seaside; loving father of Meredith Smith of Los Angeles, Marjorie Green and Dessie Ellis both of Seaside, Mildred Gill of Palo Alto, Geraldine Merriweather of Tacoma, Wash., Alice Smith, Clara Bible, and Annetta Watson all of Los Angeles; loving brother of Cecil Scott of Los Angeles and Roy Smith of Joliet, Ill.; loving grandfather of 28 grandchildren and 13 great grandchildren.

A native of Auxvasse, Missouri, age 79, he resided on the Peninsula 26 years and was a member of the Ocean View Baptist Church of Seaside. Services were held Friday, November 15, at 11:30 a.m. at Ocean View Baptist Church with Rev. G.E. Ellis officiating. Interment followed at Mission Memorial Park, Seaside.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director. Arrangements by SEASIDE MORTUARY, 1610 Noche Buena St., Seaside.

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SHIRLEY L. WALLACE
Shirley L. Wallace of Long Beach, California, November 9, 1974. Beloved wife of Harry Wallace Sr. of Long Beach; loving mother of Harry Wallace Jr. of Las Vegas, Nevada, David Wallace of Baltimore, Maryland, John Wallace, William Wallace, and Patricia Wallace all of Long Beach, and Kathleen Wallace of Brooklyn, New York; loving sister of Mrs. Celia Graham of Carmel Valley and Mr. Eugene L. Allen Jr. of Cypress, California; loving grandmother of 4 grandchildren.

A native of Watsonville, California, age 45, she was a former resident of Seaside and Pacific Grove. Graveside services were held Wednesday, November 13, at 2:30 p.m. at Mission Memorial Park, Seaside, with Rev. Glen Fisk of Mayflower Church of Pacific Grove officiating. Those who wish, may donate to the Kidney Fund of Community Hospital, Carmel, California, in her memory.

For further information please call 394-1406, Michael R. Sonnenberg, Funeral Director. Arrangements made

NAACP Protests Racial Slurs

The Monterey Peninsula NAACP joined with other organizations protesting the racial slurs made by General George Brown USAF Chief of Staff, recently.

In a telegram to President Ford, the telegram stated:

"The NAACP of the Monterey Peninsula read with a great deal of misgiving the statement of Chief of Staff George Brown which was allegedly demeaning to a minority group in this country.

"Without being judgmental about the controversy statement, we as representatives of a long exploited minority in this country feel very strong that you as the Chief Executive of this Country owe to the people, and particular to the minority, the assurances that no prejudicial attitudes on the part of any representative of the government is now or ever will be tolerated.

The message was signed by Cecil Bendel, President of the Monterey Peninsula NAACP.

by SEASIDE MORTUARY.
1610 Noche Buena St., Seaside.

IM SOON MUN
Im Soon Mun of Marina, November of 1974. Beloved wife of Jong Hwa Mun of Marina; loving mother of Jin Mun of Marina.

A native of Korea, age 32 years, she resided 2 months on the Peninsula and in the State. Private cremation services were held with burial at sea. For more information please call 394-1406, Michael R. Sonnenberg, Funeral Director. Arrangements were by SEASIDE MORTUARY, 1610 Noche Buena St., Seaside.

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PATRICIA E. SCHMALTZ
Patricia E. Schmaltz of Pacific Grove, November 14, 1974. Wife of James A. Schmaltz of Pacific Grove; mother of Richard K. Schmaltz, Troy A. Schmaltz both of Pacific Grove, Mitchell J. Schmaltz of Alameda, Cindy Lou Schmaltz and Charlene Schmaltz both of Mill Valley.

A native of Minnesota, age 42, she resided on the Peninsula for five years.

Cremation was private and a Memorial service was held Monday at 11:00 a.m. at the First United Methodist Church of Pacific Grove, with Rev. Dale W. Baker officiating.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director. ARRANGEMENTS BY SEASIDE MORTUARY.

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CURTISTINE SMITH
Curtistine Smith of Seaside, November 11, 1974. Beloved wife of Luster Smith of Minneapolis, Minnesota; loving mother of Dorothy Price of Seaside and Charles Brooks Jr. of Seaside, loving grandmother of 3 grandchildren.

A native of Monticello, Arkansas, age 53, she resided on the Peninsula for 22 years.

Services were held Saturday, Nov. 16, at 1:00 p.m. at SEASIDE MORTUARY, 1610 Noche Buena St., Seaside, with Rev. M.D. Slade of Holy Assembly Baptist Church of Seaside officiating. Interment followed at Mission Memorial Park, Seaside.

For further information please call 394-1406, Michael R. Sonnenberg, Funeral Director. Arrangements by SEASIDE MORTUARY.

attitudes on the part of any representative of the government is now or ever will be tolerated.

"Without being judgmental about the controversy statement, we as representatives of a long exploited minority in this country feel very strong that you as the Chief Executive of this Country owe to the people, and particular to the minority, the assurances that no prejudicial attitudes on the part of any representative of the government is now or ever will be tolerated.

"We hope that you are going to take a strong stand to bring about the reassurance of the minorities that this country truly believes that all men are created equal."

The message was signed by Cecil Bendel, President of the Monterey Peninsula NAACP.

Scholarship And Loan Commission Announces New Tuition Grant Program For Students

The California State Scholarship and Loan Commission announces the opening of competition for the new tuition grants authorized by the Knox-Lanterman bill in the 1974 session of the Legislature and signed by Governor Reagan. The new program authorizes 1,250 new tuition grants of \$900 for use by undergraduates at independent colleges in California. As stated in the enabling legislation, the intent of the program is to narrow the gap in student charges between public universities and colleges and independent universities and colleges in California.

Arthur S. Marmaduke, Director of the Commission, stated that in order to receive a tuition grant in 1975-76, a student must file a State Scholarship application by the November 22, 1974 postmark deadline and must meet all the eligibility requirements in the State Scholarship Program except that he may have more financial resources than are allowable to receive a State Scholarship. The program is designed to provide assistance to students whose total family resources are somewhat higher than allowable in the State Scholarship competition.

All applicants for California

State Scholarships will automatically be considered for a tuition grant, if they indicate they plan to attend an independent college in 1975-76. The grants are limited to students who are first entering an independent college; that is to say, who are entering from high schools or public community colleges and not already enrolled in an independent college or transferring from an independent college.

Recipients of grants will be announced in late March, 1975 in time for students to make decisions concerning their college enrollment plans for 1975-76.

USO Military Service Council Members Elect New Officers

Due to the transfer of several USO Military Service Council members, and the influx of new Military personnel, it was necessary to reorganize the Council and elect a permanent slate of officers. All present officers will be in the area for at least six months or longer.

The following officers will preside over the Military Service Council of representatives from all Military installations in the Monterey Peninsula area:

President Jules M. Fiche of the Environmental Prediction

Research Facility at the Naval Post-graduate School. Vice-President John Campbell, also of the Environmental Prediction Research Facility at the Naval Post-graduate School. Secretary, Nancy E. Brown, of Fort Ord.

Treasurer, Bill Lawley, of Fort Ord.

The Council is presently working on several new Community involvement programs and invite all Military to join them at Monterey Peninsula USO at the corner of Webster & El Estero or call 375-4546

Chinese Music Concert

A concert of Chinese music and verse will be presented by The Oriental Trio on Tuesday, Nov. 26 at 8:15 p.m. in San Jose State University's Concert Hall. The public is invited at no charge.

The concert, part of a campus Asian Arts Festival, will feature music representative of the ninth through twentieth centuries, originating largely from the central and northern provinces of Honan and Shantung.

Trio members, Lou Harrison, William Colvig and Richard Dee will use a wide variety of oriental instruments including the Cheng, Ti Tze, Nan Hu, Piri and Hsun.

Harrison - composer, conductor, performer, poet and currently lecturer at SJSU - has studied under Henry Cowell and Arnold Schoenberg. He is particularly interested in unorthodox or strange sonorities.

Colvig presently collaborates with Harrison in new instrument experimentation and building. He also assists the production of Harrison's opera for puppets, "Young Caesar."

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Students and community members now can register for day or evening classes, or both, by making a registration appointment at a time to fit their daily schedule.

Long lines are a thing of the past and you'll know immediately if the class you are interested in taking is open. The new registration concept is coupled with expanded MPC programs in the day and evening as well as increased numbers of classes which will be offered in MPC's Twilight College, Weekend College, College by Television and Off-Campus College programs.

Appointments for personalized registration can be made from 8 a.m. to 8 p.m. Monday through Thursday or from 8 a.m. to 4:30 p.m. on Fridays. If you miss your appointment, you can call back for a new time and if you're a high school student be sure to bring a release form from your school counselor.

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Quality Level Financing Plan For Local Schools Introduced

SACRAMENTO—A new statewide school financing plan which would equalize local school spending at a higher or "quality" level was proposed recently to the State Board of Education.

Drafted by a blue-ribbon committee appointed by the board, the plan urges phasing in a statewide property tax over the next five years to replace most local school taxes.

The committee says the plan would meet the "equal-protection" requirement of the Serrano v. Priest court ruling by the end of the five years. The proposed plan wouldn't raise school taxes in most local districts, the committee believes, although aid would be needed from the state general fund to help finance it.

The Aug. 30, 1974 trial court ruling in the Serrano case said the state's current school financing system was illegal because the amount of money spent on a child's education depends on the assessed valuation of the real property in the community where the child lives.

The new plan differs most from earlier proposals by urging that the minimum financial ability of school districts be "leveled up" to a new "quality level of support."

Many educators fear that, in requiring equality, the Serrano ruling could force districts now spending higher than the state average to cut their educational programs.

By raising the state-guaranteed minimum to a "quality" level, the plan would have the effect of increasing the amount spent on the education of most California school children while bringing about statewide equality.

Robert Hanson, chairman of the committee and managing partner of the Santa Ana office of Arthur Young and Co., said members of the committee are proposing the plan even though the Serrano case ruling will be appealed to a higher court.

"The committee," he said, "believes that a school finance program consistent with Serrano concepts should be exposed to the legislative process as soon as possible."

Committee members were drawn from the fields of education, labor, business and finance, and from organizations representing parents, teachers, school administrators, tax payers, elected officials and school boards.

State Board of Education members were urged to accept the committee's plan and turn it over to the board's Legislation Committee for action.

The plan proposes to replace the two-year old Senate Bill 90 as the instrument for bringing about fiscal equality among California school districts.

The Serrano trial court concluded that over the next five years SB 90 will be only partially successful in equalizing school tax rates and educational spending throughout the state.

The committee believes, however, that if its plan were put into effect by the 1975-76 school year, statewide equality in both could be achieved at the end of the

same five years.

Three major elements are proposed to bring about equality:

- A statewide property tax of \$4 per \$100 of assessed valuation to replace most local school property taxes over a five-year period.

- Assuring every school district the funds to provide a "quality level" of education by the end of the five years.

- Introducing a "power equalizing" plan to eliminate the revenue-raising ad-

vantages of wealthy school districts.

The statewide tax is seen by the committee as a way to eliminate the wide differences that now exist in local school tax rates. Local property taxes, however, should remain in effect for some special school expenditures outside the regular program and in communities that wish to finance programs above the minimum "quality level."

The cost of providing the "quality" support level

throughout the state would be borne by the statewide tax in combination with federal funds and funds from the state general fund. No more than half the total cost of the program in any year would come from the statewide property tax.

In a detailed study, the committee determined that a quality education in 1975-76 would cost \$1,231 per pupil on the elementary level (grades K-8) and \$1,409 per high school student (grades 9-12).

"The committee appreciates the difficulty of raising sufficient state general fund revenues to reach that level in one year," the report said.

The committee proposed instead of make up the gap in four yearly steps, raising the state minimum support level each year until it reaches the "quality" level in 1979-80. The committee estimated that first year average expenditure would be \$1,130 per pupil in elementary schools

(\$101 below "quality" level) and \$1,293 in high schools (\$116 below "quality" level).

School districts that wish to spend more than the "quality" level still may do so under the plan, using power equalizing. Two higher ranges of expenditures are permitted.

Under power equalizing, school districts would receive the same income per pupil for a given local tax rate regardless of the wealth of

their own local tax rolls.

Because of the difference in their tax bases, a high-wealth district currently receives far more income for each \$1 on its tax rate than does a low-wealth district.

Power equalizing would set a standard amount per pupil which could be raised for a given tax rate. Dollars above this standard raised by wealthy districts would go into a pool for use by low wealth districts to bring them up to

the standard.

Its use, the committee reported, would mean that "high spending districts with high assessed valuations per a.d.a. (average daily attendance) would have to increase tax rates considerably in order to continue high spending."

However, by using power equalizing, no high-wealth district would be forced to reduce its school expenditures.

SAFEWAY HAPPY THANKSGIVING

 Brown 'N Serve Rolls Skylark Regular Size 41¢	 Pie Crust Mix Betty Crocker—11-oz. 28¢	 Sodas & Mixers Cragmont Quart Bottle (Plus Deposit) 4 for \$1	 Pumpkin Pie or Mince Bel-air Frozen 24-oz. 49¢
 Lucerne Butter Grade AA Cubes—1-lb. (Challenge Butter 1-lb. 89¢) 82¢	 Large Grade AA Eggs Cream O' the Crop Dozen 68¢	 Cream Cheese Lucerne 8-oz. 38¢	 Cool Whip Bird's Eye Topping Frozen—9-oz. 49¢
 Green Beans Regular or French Cut Bel-air Frozen 9-oz. 4 for \$1	 Chicken Broth Swanson—13.75-oz. 5 for \$1	 Marshmallows Miniature Kraft 10 1/2-oz. Poly Bag 3 for 99¢	 Dinner Napkins Chiffon 60 Count 33¢
 Cut Yams Highway in Syrup 30-oz. 59¢	 Sweet Pickles Whole, Heinz 24-oz. 67¢	 Mandarin Oranges Town House Segments 11-oz. 3 for 89¢	 Deodorant Body All Anti-perspirant Spray—5-oz. 69¢

Vegetables 2 for 89¢
 Green Giant, Frozen Leek Peas or Broccoli Spears 10-oz.

Orange Juice 5 for \$1
 Scotch Treat 6-oz. Frozen Concentrate

Mrs. Wright's Stuffing Mix 43¢
 7 1/2-oz. Cello

Photo Reminders

Instamatic Film Kodak C176, 12 Exposures—Roll \$1.14
 (20 Exposures—Roll \$1.39)
Kodak C-110 Film 20 Exposures—Roll \$1.49
Flash Cubes Synchro 12 Flash—3 Cubes (Magic Cubes—3 Cubes \$1.59)
Polaroid Colorpak Film Type 108 R—Pack \$4.29
Polaroid No. 88 Colorpak—Pack \$3.59

Frozen Favorites

Deluxe Pumpkin Pie Bel-air—40-oz. (Mince—40-oz. \$1.15) 99¢
Pumpkin Custard Pie Mrs. Smiths—46-oz. 1.49
Holiday Ice Cream Lucerne, Egg Nog or Spumoni—1/2 Gallon 1.05
Sara Lee Cake (Chocolate or Banana—20-oz. \$1.53) 1.44
Croissant Rolls Sara Lee—5 1/2-oz. 85¢

From The Dairy Case

Cream Topping Lucerne, Aerated—1/2-oz. Can (15-oz. 99¢) 59¢
Margarine Blue Bonnet, Cubes—1-lb. (Fleischmann's—1-lb. 77¢) 69¢
Half & Half Lucerne—Pint (Quart 83¢) 34¢
Lucerne Sour Cream Pint 69¢
Onion Dip Lucerne—8-oz. 47¢

Wine Selections

Christian Brothers Chateau La Salle—5th 2.25
Mateus Rose Imported from Portugal—25-oz. 3.39
Champagne or Cold Duck, Maison Blanc—5th 1.89
Almaden Mt. Wine—1/2 Gallon 3.34
Blue Nun Imported Liebfraumilch—23-oz. 3.98

Liebfraumilch Karl Manheim Imported 23-oz. \$1.59

Home & Family Needs

Bartlett Pears Del Monte Halves—16-oz. 39¢
Kraft Velveeta 1-lb. (American Light—2-lb. \$2.49) 93¢
Swiss Cheese Safeway in the Dairy Case—1-lb. 1.75
French Fried Onions OAC—3-oz. Can 39¢
MJB Rice Mix Flavored—4-oz. 35¢
Stuffing Mix Stove Top, Chicken—4-oz. (or Corn Bread—7-oz.) 49¢
Crisp 'N Tender Betty Crocker Batter Mix for Chicken—3 1/2-oz. 27¢
Crisco Oil Pure Vegetable—24-oz. 1.09
Leslie Salt Iodized—12-oz. 14¢
Artificial Sweetener Weight Watchers Pockets—100 Count 87¢

Chuck Roast

Blade Cut USDA Choice Grade Beef
Lb. 64¢

Whole Fryers

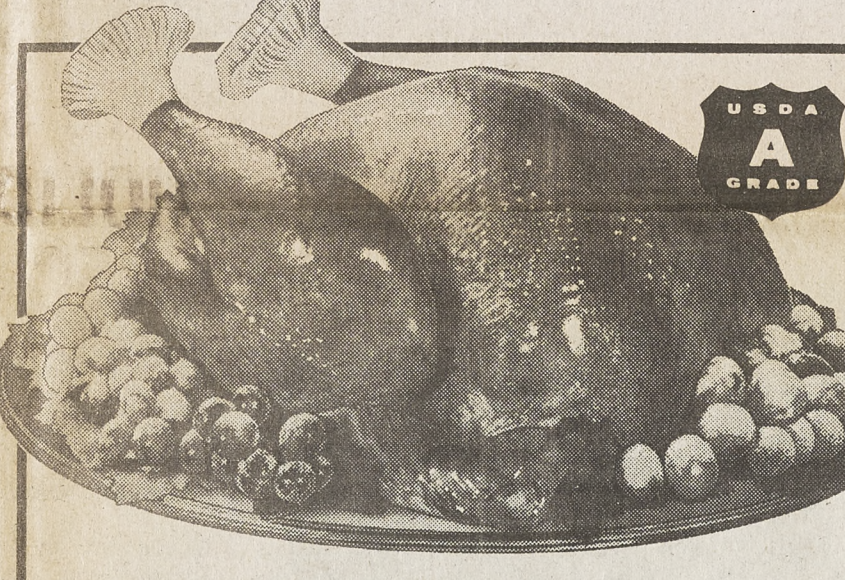
Manor House Bagged Flash Frozen U.S. Grade A
Lb. 45¢

T-Bone Steak

or Porterhouse USDA Choice Beef Loin
Lb. 1.77

Beef Rib Roast

From the Small End USDA Choice Grade Beef
Lb. 1.49



TOM TURKEYS Manor House 18 to 23 lbs. **45¢**

Manor House
 Hen Turkeys Under 16 Lbs.—Lb. 51¢
 Man of House Super Size Jam Turkeys Over 24 Lbs.—Lb. 55¢
 Armour Golden Star Self-Basting Turkeys Over 16 Lbs.—Lb. 59¢
 Armour Golden Star Self-Basting Turkeys Under 16 Lbs.—Lb. 66¢

GROUND BEEF 66¢
 Regular Grind... You Can Taste the Difference—Lb.

GROUND BEEF \$1.29
 Premium Grind... Freshly Ground Every Day!—Lb.

SLICED BACON \$1.06
 Safeway Smok-A-Roma—1-lb. Pkg. (Thick Sliced—2-lb. \$2.11)

TOP SIRLOIN \$1.88
 Steak—USDA Choice Grade Boneless Beef Loin—Lb.

RIB EYE STEAK \$2.44
 USDA Choice Grade Beef—Lb.

STRIP STEAK \$2.44
 USDA Choice Grade Beef—Lb.

WIENERS 69¢
 Skinless—Safeway Brand 1-lb. Package

CANNED HAM \$6.99
 Safeway Brand—5-Pound Tin

Mix or Match NUTS

Your Choice Filberts, Walnuts, Almonds, Brazils—Lb. **59¢**

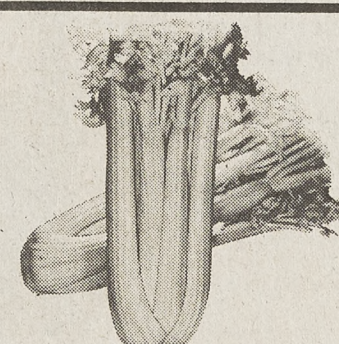
Anjou Pears Northwest Grown 3 Lbs. \$1

Red Grapes Emperor Nice Full Bunches 3 Lbs. \$1

Centennial Yams U.S. No. 1 4 Lbs. \$1

Avocados California, New Crop Large Size 3 for \$1

Cranberries Ocean Spray... Buy Two... Use One... Freeze One—1-lb. Bag **29¢**



Crisp Celery
 Clean, Fresh Stalks

2 for 29¢

Cranberry Sauce Ocean Spray 16-oz. Can **34¢**

Real Egg Nog 65¢
 Lucerne (Non-Alcoholic) In The Dairy Case 1/2 Gal. \$1.29 Quart

Coffee-mate 99¢
 Carnation Non-Dairy Creamer—16-oz.

Baking Suggestions

Jiffy Cake Mix 9-oz. 31¢
Streusel Swirl Pillsbury Cake Mix 28-oz. 99¢
Libby Pumpkin Pie 29-oz. (Pie Mix—30-oz. 55¢) 35¢
Mincemeat Brandied—28-oz. \$1.39
Angel Flake Coconut Baker's, Poly—7-oz. 65¢

More Holiday Needs

Aluminum Foil Kitchen Craft Heavy Duty—37 1/2 Square Feet 66¢
Glad Oven Bags 8 Count 55¢
Aunt Penny's White Sauce 10 1/2-oz. 32¢
Fleischmann's Yeast Dry—3 Pack 25¢
Poultry Seasoning Bell's—1-oz. 31¢

Snack-time Items

Kraft Cheddar Spread Old English—5-oz. 54¢
Snack Crackers Buy Baker's Crackers—Regular 59¢
No-Bake Cheese Cake Royal—11-oz. 73¢
Candy Bars Baby Ruth or Butterfinger—Each (Fun Size—14-oz. \$1.13) 14¢
Planters Peanuts Cello Bag—15c Size 14¢

Coffee Choices

Yuban Coffee Ground—2-lb. (Instant—8-oz. \$1.85) \$2.49
Max Pax Coffee Filter Rings—24-oz. \$2.39
Safeway Coffee Preground—2-lb. Bag (Instant—10-oz. \$1.89) \$1.83
Edwards Coffee Rich in Colombian Coffees—2-lb. (3-lb. \$3.09) \$1.95
Hills Bros. Coffee Ground—2-lb. (1-lb. \$1.24) \$2.19

Holiday Helpers

Eagle Brand Milk Sweetened, Condensed—12-oz. 55¢
Princella Yams Cut, in Syrup—16-oz. (40-oz. 83¢) 41¢
Small Whole Onions York County—16-oz. 55¢
Mince Clams Sea Trader—8-oz. 49¢
Water Chestnuts Dynasty, Peeled—6-oz. 31¢
Pitted Ripe Olives Town House, Select—6-oz. 56¢
Cucumber Chips Town House Zesty Fresh Pack Pickles—22-oz. 67¢
Potato Chips Party Pride—9-oz. Bag 77¢
Azar Walnut Chips Cello Bag—3-oz. 43¢
Fruit Cocktail Town House—17-oz. (Del Monte—17-oz. 43¢) 39¢
Maraschino Cherries Empress Fancy, Whole—8-oz. (With Stems—8-oz. 53¢) 47¢

Items and prices in this ad are available November 20, 1974 thru November 26, 1974 at all Safeway Stores listed below:

YOU CAN ALWAYS DEPEND ON SAFEWAY

SEASIDE 1720 Fremont Blvd. MARINA Marina Village Shopping Center

Seaside POST & News—Sentinel Vol. 28, No. 47

The Seaside POST-News Sentinel, Monterey Publishing Company, 310 Broadway, Seaside, is a controlled circulation newspaper of General Circulation, reaching 15,000 homes in the Monterey Peninsula area.

Celebrating its 27th year of circulation, the Seaside POST-News Sentinel services the community by being an unbiased publication.

Its staff consists of: Thomas L. Berkley, Publisher; Thomas Nash, Manager.

The editorial policy of The Seaside POST-News Sentinel is expressed on the editorial page only, under the by-line of the Publisher, Attorney Thomas L. Berkley.

The National Advertising Representative for the Seaside POST-News Sentinel is:

The Amalgamated Publishers, Inc., Suite 1403, 45 West 43rd St., New York City, N.Y. 10036, Phone (212) 489-1200, (Chicago) 311-06016, (312) 812-0201.



Macy's White Flower Day

SORRY NO MAIL OR PHONE ORDERS

**ONE DAY
SALE
THURSDAY**

This is it . . . Sealy's famous quilted mattress with hundreds of firm Dura-Flex® coils plus patented torsion bar foundation! Now at one day savings

Sale 100.00 twin set, reg. 140.00

No morning backaches from too soft a mattress, enjoy years of firm, healthful sleeping comfort with these famous Sealy luxury mattress sets. The deluxe sleeping surface is lavishly quilted with layers of cushioning, and the hundreds of Dura-Flex® coils plus patented torsion bar foundation add firmness and durability.

Full-size set, reg. 180.00 . . . 1 day sale . . . 140.00 set
Twin-size extra long, reg. 180.00 . . . 1 day sale . . . 140.00 set
Queen-size set, reg. 240.00 . . . 1 day sale . . . 200.00 set
King-size set, reg. 300.00 . . . 1 day sale . . . 260.00 set

Sleep shop — all Macy's except San Rafael



**Luxury sofa groups from Stratford!
2 styles & four combinations**

Your choice **650.00**

Group #1: 90" luxury sofa with deep button tufting for cushiony soft seating & wrap over arms plus matching chair and ottoman, all in carefree leather-like honey colored Boltaflex® vinyl.
Or 2 matching loveseats in honey color Boltaflex® vinyl

Group #2: (not shown) Library style button tufted sofa and coordinating chair in chocolate brown Porogen®
Or 2 matching loveseats in chocolate brown Porogen®

Furniture — all Macy's except San Rafael

**Dramatic luxury! Country inspired
"Sharon Road" 5-pc. bedroom**

Sale 980.00

Reg. 1,100.00 for this outstanding bedroom crafted of oak veneers plus simulated wood grain panels, with embossed Flowers of the Field motif on wood. 5 piece set includes: 78" triple dresser, twin mirrors, 4-door armoire and full or queen-size headboard.

King-size headboard 40.00 more

Matching night stand, 100.00

Furniture — all Macy's except San Rafael

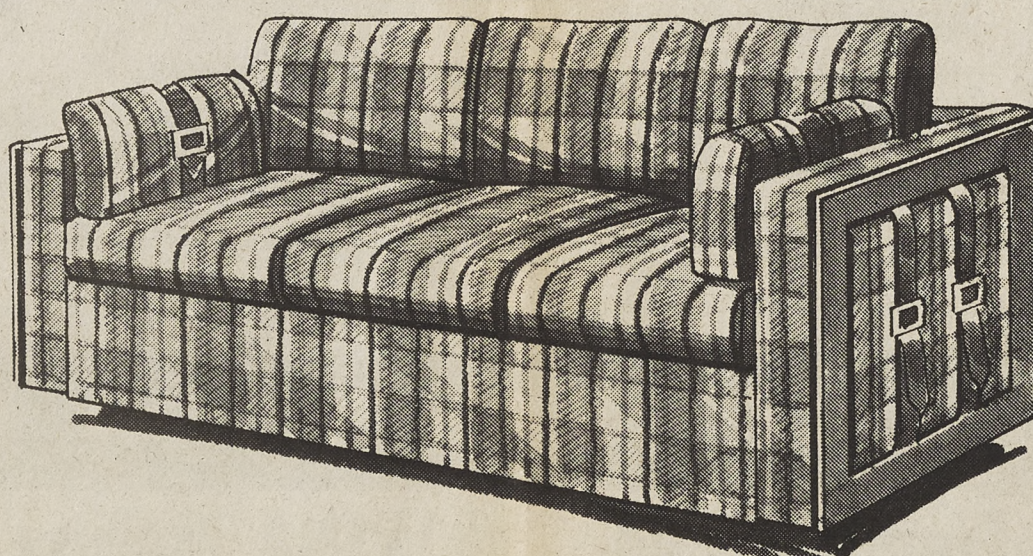


**Queen-size deluxe sofa bed for years
of family living. In Herculon® olefin**

Sale 349.00

Reg. 400.00 for this great sofa bed that combines comfort with ruggedness. Styled with loose pillow back, strap arms, strap arm bolsters and that rugged Herculon® olefin upholstery resists stains and dirt. Opens up to queen-size to sleep two in comfort. Has casters.

Sleep shop — all Macy's except San Rafael



Shop all Macy's late Thursday night. Use your Macy's charge card.



**Luxury deep pile rugs that
look like Flokati rugs . . .**

36.00

4x6-ft.

6x9-ft., 63.00

9x12-ft. . . 110.00

These look . . . and feel like those deep sensuous Flokati rugs imported from Greece, but they're actually a carefree combination of 40% Verel 60% acrylic . . . budget priced so you buy them for your den, dining room, living room and bedroom.

Rugs — all Macy's except San Rafael

**Special purchase! Extra
wide curtain panels**

3.90 ea.

Extra wide 60" by 81" long in 100% polyester nion that's completely washable and long wearing. Choose white, green or antique gold.

Curtains—all Macy's



**All custom draperies, all
slipcovers, all reupholstery
10% OFF**

Save 10% on all orders placed on White Flower Day. That's correct. Save 10% on everything—fabrics, labor and installation.

Draperies — all Macy's

The California State Law prohibits anyone from placing untrue or misleading advertising. Fraudulent advertising in this newspaper may be punished according to the law. To assure advertising accuracy, the cooperation of every one using Seaside POST advertising in avoiding any untrue or misleading statements is essential to the Seaside POST's policy of truth in advertising.

SPECIAL SERVICES

PROBLEMS?

Think no one listens?
We do - We CARE.
24 hrs. FREE. Confidential
Suicide Prevention Center
373-0713

MONEY

Instantly Available

BARAINS ON
UNREDEEMED MERCHANDISE
LOANS ON

Jewelry, cameras, typewriters, musical instruments, record players, camera equipment, guns, tools, etc.

ATLAS

PAWN SHOP
FRANKLIN - AT ALVARADO
Monterey 375-7072

SEWING MACHINE

REPAIR
All Makes. 26 years experience.
Tension adjustment only \$4.50.
Phone 373-0263.

\$8.00-\$14.00 monthly for a business or personal prestige.
Monterey County Business Address Box, Answering Service. (Messages, Mail Service forwarding or pick-up, wake-up service.) Write Rent-A-Box, 2985 David Ave., Box 101, Pacific Grove, Ca.

Reduce safe & fast with GoBese. Tablets & E-Vap. "Water pills". Seaside Rexall Pharmacy, 1250 Fremont.

Reduce cholesterol - fight fat. GoBese Lecithin Capsules now available. Seaside Rexall Pharmacy, 1250 Fremont.

NEEDED

Child Care in my licensed home, days and evenings, call Shirley at 394-4772.

PETS

GROOMING & BATHING: All Breeds. Complete Pet Shop. Reasonable prices. Grooming on the peninsula for 7 years. KIMBERLY PET SHOP, 1280 Fremont Blvd., Seaside. 899-2955

Real Estate

You can still acquire Public Land FREE!
Government Land Digest Box 2217
Norman, Oklahoma 73069

HOME SERVICES

Child Care
Child care in my Ft. Ord Home. Phone 394-5852

CARPET

CLEANING

"The best methods at the lowest possible prices."
Free estimates
Call Bavarian Now

373-7551

(PR. 15,22,29,5)

ATTENTION

Free Bonus Gifts
when you SHOP AT HOME 300 attractive household and gift items at BARGAIN PRICES. Every item GUARANTEED. Gifts include Bulova watches and Corningware. For catalog RUSH name address and 25 cents in coin to: Howard C. Holman, 1173 16th St. Oakland, Ca. 94607. Allow 4 weeks for delivery.

LOST
Lost, Yorkie-Poo. Broken hearted. \$100.00 reward for information leading to recovery. Shaggy golden beige, black ears and tail, white chest. Lost in Seaside area. Phone 372-2595 or 372-0607.

G.I. Auto Insurance

*All ages & ranks - monthly pay *Post sticker today

George P. Shorey & Assoc.

1642 Del Monte Blvd., close to Ft. Ord, Seaside 394-4600

Seaside Disposal Service

*Extra Hauling

*Reasonable Rates

Phone 394-1505

TRANSPORTATION

CHARTERED LIMOUSINE SERVICE INC.

One to five passenger chauffeured driven Lincoln Continentals and Cadillacs. Also 14 passenger stretchouts.

PERSONALIZED TOURS

WEDDINGS-ALL AIRPORTS

CALL 394-4600

FOR SALE

APPLES, FARMER TO YOU tree ripen, Red Delicious New Town Titpin and other varieties. 8-14 cents per pound by the box. Natural Apple juices and house plants. HWY.1 to Watsonville, take Riverside Dr. (Hwy.129) off ramp, east 3 miles left to Lakeview Rd., right to Carlin Rd. to 55 Peckham Rd. Daily 9-6. Bring containers.

MULTI-FAMILY COOPERATIVE GARAGE SALE. Low prices, clean, quality clothing, kitchenware, garden tools, sewing supplies, luggage, maternity wear, toys, gifts, boutique, hand-crocheted bedspreads, Xmas items, fashion accessories, something for everyone. Saturday and Sunday. 302 High Street, off Franklin St. near Presidio. Time 9 am to 5 pm.

BUSINESS OPPORTUNITIES

RESPONSIBLE PERSON wanted to own and operate candy and confection vending route. Monterey and surrounding area. Pleasant business. High profit items. Can start part time. Age or experience not important. Requires car and \$960 cash investment. For details write and include your phone. SAI, 719 Harvard Rd., Burbank, Ca. 91501.

HELP WANTED

Persons to make continuous part-time anonymous (Restaurant) shopper reports for Nat'l MKT Research firm. Ref. auto required. Proficiency Specialists, Box 20244, San Diego 92120

Switchboard operator, half-time 6 pm to 10 pm Tuesday-Friday, 8 am to 12 noon Saturday. \$294.00 per month, fringe benefits. One year switchboard experience. Apply through November 22, 1974 personnel, Administration building, Monterey Peninsula College.

WANTED, mature, refined lady in good health. Non-smoker, Non-drinker...as live in companion for elderly mother. Pleasant home atmosphere in Carmel Valley. Beginning salary \$125.00 per month. No house work or cooking. Liberal time off. Paid insurance. Call 624-0471 or 624-2813 and leave number and name.

Advertise in The POST!

Is job hunting getting you down?

Are you lacking the necessary experience required by most employers today?

We want to give you the training you need.

A few of our opportunities include the fields of electronics, medicine, dentistry, communications, mechanics, administration and management.

We have over 250 careers available to choose from. All offer excellent starting salaries, professional training, allowance for housing, clothing and food. Excellent medical & dental benefits and the chance to receive financial assistance to further your education. Call your local U.S. Air Force representative at 422-6912.

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HELP WANTED

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Letters To The Editor

Dear Editor,

There can be no happier day in my life than that day when a kind friend gave me a copy of your fine paper, the "Seaside POST & News Sentinel." I read it from beginning to end and it is now one of my treasured possessions. May God bless you for the good you are doing in your publications and for the help I have found in its pages.

I am a leper patient with already deformed hands and feet, almost a complete invalid.

I have 13 children 5 boys and 8 girls. The oldest is 24 and the youngest is 3 years. All attend school except the 4 older boys and 1 older girl who were forced to quit school because of our family financial problems and the youngest one who is too young to attend school. I have no parents to help me in my poverty and affliction.

It would give me great pleasure to see my humble name in print. I should be very glad and thankful for some of your good readers to spare me some love while I'm still in this present life of mine and before kindly death will bring me to our heavenly home.

Antonia Lamban
Culion Sanitarium
Culion, Palawan
Philippines 2913

Dear Editor;

Hurrah for Thanksgiving Day! Is there a soul that doesn't look forward to it? What a unique occasion! The gripes of a year are

temporarily put in "cold storage." Mentally - if not verbally - we count our blessings.

The holiday cheers! It tonic a depressed spirit. Somehow it forces a smile on the most "sad sack" of a countenance. Lips long compressed are miraculously made to open and utter: "Neighbor, have a Happy Thanksgiving."

The magic of the occasion stirs us to feel more alive, friendly, carefree.

Most of us can be thankful for a personal measure of health and security. We can be thankful for the constructive citizens. We can be thankful for all who are reasonable, fair and considerate. We can be thankful for those who speak softly, kindly, thoughtfully - as befits truly civilized personalities.

We can be thankful for all who edge the human race away from jungle-inherited instincts of irrationality, viciousness, deceit and greed. Who have sense to say: "Trod the road of truth, cooperation, unselfishness and sanity. Embark on a lasting adventure of peace, plenty and progress."

Oh Thanksgiving Day 1974! Oh occasion to recall that there are minds on every continent who share the dream of a nobler and happier tomorrow! A future of reason and kindness, where life for all will daily be a cause for rejoicing!

With best wishes,
Sincerely yours,
George Herman

Dear Editor:

Last March 29, 1974 marked the first anniversary of the total withdrawal of American Combat Forces from the Republic of South Vietnam. It seems that this fact has been forgotten by many, especially those whose efforts were mainly responsible for bringing about the end of our direct involvement. Some of us can remember that during the years of escalation, every decision that resulted in our increased commitment was supported by the average citizen whose fundamental understanding of the national economy knew that business activity would increase with the result of more men in uniform. In those days only a few spoke out against our involvement, and they were thought of as Un-American.

From the literature concerning the young Vietnam Era Veteran, he is described as a veteran totally distinguished from his predecessors. He is the one who has the biggest problem of readjusting to civilian life, and the one whom this problem occurs most frequently. He is also supposed to be the hardest of his group of relatively recent predecessors to obtain jobs, housing, medical aid, and just help in general. In addition, he is supposed to have a drug problem. All of the previously mentioned is supposed to be true of the Vietnam Era Veteran, and somehow he is

blamed for it. The drug problem for one thing, was not caused by Vietnam Era Veterans. The problem already existed and was spreading. Vietnam Era Veterans have indeed returned hooked. Their addiction concerns change, and it may be the General Public who is experiencing problems of readjustment stemming from the rapid reversal of American Foreign Policy and philosophical attitudes.

The Vietnam Era Veteran was a soldier, regardless of his branch of service. When he was in uniform, he always demanded respect. When he saluted, it was always crisp. When he had a job to do, the job was always done. And whenever his superiors looked too closely, his hair was always too long.

Many people are unaware of the problems that Vietnam Era Veterans experience while pursuing higher education and training. Before the congress at this time is a bill that would bring the educational benefits justly earned by these men and women in line with today's educational expenses. If those who read this letter feel any gratitude for the sacrifices made by the men and women who served, then they should support the passage of HR 12624.

Tony Mackey
Seaside
California

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**the SOUL of the
Monterey Bay**

Sergeant Meeks Receives Degree

PORTSMOUTH, N. H. - U.S. Air Force Staff Sergeant John E. Meeks, son of Mr. and Mrs. Charles O. Meeks, 1035 Alma Ave., Salinas, Calif., has graduated from the University of New Hampshire with an associate degree in general studies.

Sergeant Meeks completed his college studies through an Air Force education assistance program.

He is being assigned to Pease AFB, N. H., for duty as a weather observer with Detachment 6, 3rd Weather Wing.

The sergeant graduated in 1967 from Alisal High School and studied at Hartnell Junior College.

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'67 FORD 8 Pickup Truck	\$1225	\$1125 \$100
'73 GRAN TORINO 4-Door	\$3100	\$2800 \$400
'74 PINTO Station Wagon	\$3385	\$2985 \$400
'73 PINTO	\$2470	\$1970 \$500
'57 WILLYS 4x4 Jeep	—	\$1348 —
'72 AMERICAN Gremlin	\$1955	\$1555 \$400
'72 DATSUN Station Wagon	\$2245	\$1945 \$300
'73 PINTO	\$2470	\$2270 \$200
'72 COUGAR	\$3020	\$2720 \$300
'69 OLDS Toronado	\$1585	\$1485 \$100
'66 TOYOTA Land Cruiser, 4x4	\$2375	\$1775 \$600
'72 MAVERICK	\$2110	\$1835 \$275
'67 FORD F1 500	\$ 650	\$ 325 \$325
'74 MUSTANG Mach I	\$4505	\$3575 \$930
'69 RAMBLER Station Wagon	\$1220	\$ 745 \$475
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'68 OPEL Sport Coupe	\$ 930	\$ 730 \$200
'70 MAVERICK	\$1595	\$1245 \$350

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